

THE HUNDRED PARISHES SOCIETY

www.hundredparishes.org.uk

I make no apology for talking again about walking routes. During school holidays, they can provide a framework for family outings and also a slightly structured opportunity for children who like an adventure on their own or with friends. A hundred local walk descriptions on www.hundredparishes.org.uk can be freely downloaded and printed. They offer outings throughout the Hundred Parishes and for distances from 1 mile to 17 miles. If you have access to the railway network, many of our walks start and finish from stations; all these have been reviewed in 2022 and descriptions updated or expanded to talk more about what can be seen along the way.

Hundred Parishes walks are certainly not the only routes available; our area is particularly rich in footpaths and bridleways and anyone with an Ordnance Survey Explorer map can devise their own routes. A number of long-distance trails offer challenges that will take more than a single day. These trails knit together established rights of way and are often well signposted, with maps or descriptions available from Tourist Information Centres, bookshops or online.

The Walks section of our website provides links to other walk routes and walking groups, while specific organised walks appear in the What's On section of the website.

When exploring our lovely countryside, please be sure to follow the Countryside Code. I summarise a few points that are mainly common sense:

Respect everyone • leave gates and property as you find them • be nice, say hello • keep to marked paths.

Protect the environment • take your litter home • keep dogs under control and in sight • pick up your dog's poo • do not disturb wildlife.

Finally, be prepared for the English weather with layers of clothing, rainwear, sunglasses, sun cream and sun hat. Enjoy !

Ken McDonald, Secretary