

## An Update From Dr Lisa

As many of you know I work in A&E at Addenbrooke's Hospital where we are currently caring for patients with COVID19 as well as continuing to deal with other medical emergencies. We have had to make a few changes to the way we work and hope that the following information will be helpful if you do need to attend in the coming weeks:

You will be met at the front door by a member of staff wearing lots of protective equipment (as in this glamorous picture!). This is for our protection as we have contact with many COVID19 patients during every shift, but please don't be alarmed.

We are still open for all other emergencies too, with separate areas to minimise the risk of transmission. So please do come and see us if you are unwell or injured and need medical attention.

We will ask you a series of questions, which may seem irrelevant, so that we can identify anyone with coincidental mild COVID19 symptoms and keep all of our patients as safe as possible. You may be asked to wear a mask in certain areas of the department and we encourage lots of hand washing! In order to reduce the number of people in our clinical areas, the hospital has changed its visitor policy. We currently cannot allow any friends or relatives to enter the department. Children under 18 can have one parent / carer with them and individual exceptions may also be made for adults with specific communication needs or dementia. We know that this is difficult but



it is sadly essential for everyone's safety. However, we will of course do all that we can to keep families updated.

Further information is available on the hospital's website <u>https://www.cuh.nhs.uk</u> including medical advice and details of our new service which allows you to send messages and photos to patients via email, which will be printed and delivered to their bedside.

Thank you to everyone who is supporting me and our community at this difficult time, all of the other key workers who are keeping the country running (so many more than just the NHS and care staff), and a special thanks to everyone who is staying at home and helping us to reduce the spread of this virus!

It is really important that people avoid any unnecessary trips out, especially those who are in higher risk groups due to their age or medical conditions. With so many kind offers of shopping, prescription services and simple companionship, nobody should feel alone during this crisis - please don't be afraid or embarrassed to ask for help to allow you to stay safely at home, as that is the best way that you can help the NHS.

I look forward to resuming all of our fabulous village social events once this is over and I'm sure we will celebrate in spectacular Great Chishill style, but in the meantime please continue to follow the government advice about social distancing, don't go out unless absolutely necessary but remember the emergency department is always open if you need us!Dr Lisa Mackenzie, Consultant in Emergency Medicine.

### COMMUNITY ASSISTANCE - GOING WELL

The new operations to help villagers isolated by age or ill-health are going well. The organisers of the two voluntary schemes covering the Chishills told the Newsletter that both were busy, but not overwhelmed by demand. Sam Allen's Chishill.Care has about 45 clients on its books, most of whom are regular users of its services – mainly food and medication delivery from Barley and Royston. Sam has around 24 volunteers, who share duties via a Whatsapp group. It's been well received and is working well, says Sam. Covid19 Villages Support, the other local group, was set up by Chrishall residents Jeremy Smith and Marianne Yallop. The group covers Chrishall and Heydon as well as Great Chishill, and has about 75 volunteers. Every address has an allocated co-ordinator, who fields requests and ensures they are fulfilled. Both groups have delivered leaflets describing their services, and both can be contacted by phone - important for clients who may have limited IT capacity, or just prefer to talk to a human being! Many clients are just happy to be contacted every few days for a friendly chat. Both Sam and Jeremy commented that many isolated members of the community also had a relative or a friendly neighbour to keep an eye on them, which has taken some of the load off the voluntary groups. Here are some contact details:

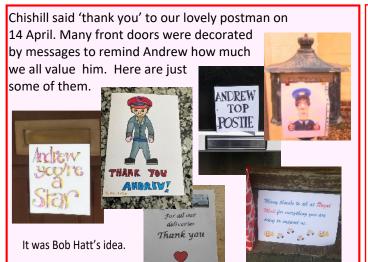
Email <u>hello@chishill.care</u>, visit <u>www.chishill.care</u> (that's the full web address) or call 01763 877255 Email <u>covid19villages@gmail.com</u>, visit Facebook group Families in Great Chishill / Chrishall / Heydon, or call your local co-ordinator – number on the flier which was sent to all homes. Another updated version will be delivered soon.

# A FARMER REFLECTS

There is one thing that I have noticed - it is the QUIET in the countryside. No background noise, no cars, no aircraft. In fact this is what it must have been like for thousands of years in the past. The only noise is from the birds. I have not heard so many Skylarks since I

was a boy.

Peter Wiseman



Our Vicar Anand writes: What strange

days we are living in. A few weeks ago, we never thought that the entire country will be locked down, but here we are, unable to go out, visit friends and families. Yet, we thank God as we still have food to eat, shelter to live, clothes to wear, family to be with and technology to connect with. Some have even a privilege to work from home without losing jobs or salaries while others are living with uncertainties. There is so much community spirit, helping one another. We are especially thankful to the volunteers who are helping in bringing medicines, buying food and rendering help to the ones who are unable to go out. Living in a beautiful village like Great Chishill is such a privilege to enjoy our walks and get fresh air, having gardens and flowers blooming. Though the Church is closed and bells are not rung, we still have the clock chiming from the church tower and a virtual service every Sunday which we can watch through YouTube, our Icknield Way Parish website http://icknieldwayparish.blogspot.co.uk/ 16 to 18 members of our parish are praying from 7.00 am to 7.30 p.m. every day, every hour remembering all the members of our parish asking God to keep us all safe. Please feel free to send your prayer requests. If you need to talk to me or need any help please feel free to call me 01763-838703 or send an email to anandsodadasi@hotmail.co.uk.

Yours in Christ, Anand Revd. Dr. Anand Sodadasi

Express delivery! Angus Gent goes cross country as he delivers vital supplies for Chishill.Care clients



BIN DAYS - MAY Black Blue (Only)\* 5 13 (Weds) 19 27 (Weds)

\*Green bin collections may restart in May, SCDC say. Check with the District Council for latest information

#### Get It Delivered!

The Parish Council would like to say 'thank you' to all those volunteers who are helping out in our community, either via Chishill Care or the Covid 19 Villages Support Group. You are doing a fantastic job and it is greatly appreciated. A lot of us are now using footpaths around our fields to take our daily exercise. Please can we remind people to stick to the footpaths? If you are unsure of where a footpath goes you could download this free OS Maps app which shows walks and maps of local footpaths. If you have a dog, please clear up after it; there is a marked increase of dog poo on footpaths. The book exchange remains closed, please don't use it and depositing books in it. Thank you. The Parish Council continues to meet (remotely) - details on

The Parish Council continues to meet (remotely) - details on the PC's website and Facebook page. Both sites are being updated with useful Covid information and advice received from South Cambs District Council.

Supermarket delivery slots are difficult to find. But there are alternatives if you can't get to the shops. Here are some of them. Charges may apply in some, not all cases.

Chishill's own Toby Staines delivers super veg boxes direct from Covent Garden – find him on Facebook and message him (PLEASE don't call) 07814 892153. Order by Thurs for delivery Sat. Some other delivery options: Fieldgate Nurseries (260737) deliver fruit/veg and groceries; also Bury Lane Farm Shop (260418) plus butchery; Leeches in Melbourn (260255) and Burtons in Saffron Walden (01799 520355) deliver meat; Marrfish (01279 501051) for fish; Frog End Pet Supplies at Phillimores (263342) will deliver pet food. Cambridge Wine (247076) for wine etc. For pizza, Domino's (242666), Royston Best Pizza and Grill (246666) or Viva Pizza (248899). Take-aways who also deliver: In Royston, Mughal Kitchen (243750) and British Raj 244544 in Royston both deliver. Down the road, Coach House at Flint Cross (208272) will deliver, Fri-Sat only, 4pm-10pm. Go on line for all the above to see menus, T&Cs etc.

## **Royston & District Community Transport**

This is still running during the current crisis and can offer essential travel to GP surgeries and for hospital appointments, and also for prescription and food deliveries where families, friends or local community groups are unable to help. To book a journey please contact the office on 01763 245228

**Great Chishill Cricket Club's 150th season** is due to start, and it will. Not using trusty leather and willow, but instead a pair of dice! The team selection is based upon the best reasons to 'play'. Probability and luck will play exactly the same part as they would on any Saturday afternoon. Tea will be delivered at 4.00, to your door, for a minimal donation to the club. Further details on the village website or contact Angus (angusgent@gmail.com). To 'join us' for tea please contact one of our wonderful tea ladies, Tess. (tessgent@gmail.com)! We hope that the 150th season can be celebrated in truly unique and fine fashion. Please join us!

**David McKeown writes....** It's a great idea to keep The Chishills going, It actually made me think of the good things that abound in the village. Think of the email connections we already use: Bob Hatt's general circulation system, Sarah Scott's Security Committee, the old boys outings group, WI, sports groups, plus a number of clubs and community organisations. Add to this the immediate response to the pandemic from Sam Allen with chishill.care, closely followed by other help groups, and I'd say we have a communicating and caring society second to none. This 'stay at home' regime is an absolute pain but I can think of no better place to see it out than Chishill!

WRITE HERE, WRITE NOW - Reflections of a village in Lockdown Calling all village poets, artists and diarists of all ages! I am hoping to gather together a collection of writings and drawings from the residents of Great Chishill about your thoughts on life in the village during Lockdown. Your masterpiece could be in the form of a poem (and it doesn't have to rhyme!), a short piece of prose (100 words maximum), a picture or even just an illustrated word, which captures how you are feeling at this most unusual time.

Please email your contribution, or any queries to: <u>hilaryjgoodall@btinternet.com</u> with the heading **Write Here, Write Now**. Or if you prefer, drop it off to the dropbox outside my door at The Old BakeHouse, 27 Barley Road. Please remember to add your name and address.

So - get creative! And no excuses that you don't have enough time!

Your church St Swithun's have planned an Open Gardens event for June 2020. It's not sure that we will go ahead, but we can always hope. Our gardens are going to be even more beautiful as we have more time to tend them. The DCC are looking for some gardens to go on our list, so please contact me or one of our DCC members if you can take part - if not this June, then next year. Angela Patrick Sutcliffe 01763 837353/07712